

TAKE AWAY MENU

CALL IN. FAX IN. CARRY OUT.



WHO SAYS YOU CAN'T TAKE IT WITH YOU?

Flying Star[™]
CAFE

WHEN YOU'VE GOT AN ITCH FOR MADE FROM SCRATCH

What we have here at Flying Star is fine cuisine in a friendly scene. Super eating with casual seating. Here is where uptown meets down home. And where you can find the freshest food and the most delightful desserts that money can buy. We don't think you should stand for anything less. And that's not a line.

BLUE PLATES

Add a little green salad to any Blue Plate for just 1.49

Pasta Pomodoro 7.99

Fresh, ripe, hot house tomatoes, garlic, fresh basil, butter and olive oil sauteed to order. Served over imported linguine.

fresh chicken breast add 1.00
shrimp add 2.00

Buddha's Bowl 7.99

Chinese rice #103 smothered with crispy tofu and stir fried veggies with sesame oil and a lemongrass/ginger sauce.

fresh chicken breast add 1.00
shrimp add 2.00

New Mexican Enchiladas 7.59

3 blue corn tortillas piled with jack and cheddar cheeses, a bit of onion and your choice of our homemade red or green chile sauces. Served with black beans and Spanish rice.

chicken enchiladas 8.99

Vietnamese Skinny Noodles 7.99

Very thin oriental noodles in a light, flavorful broth (broth contains fish sauce) topped with crispy tofu and stir fried veggies.

fresh chicken breast add 1.00
shrimp add 2.00

Homemade Chicken Pot Pie 7.99

Chef Wolfgang's soul satisfying, thick and chunky concoction. Recipes are variations on a theme.

Mac and Cheese Deluxe 7.99

A generous serving of mac baked with cheddar, swiss and romano cheeses, crunchy topping, broccoli and carrots.

Rio Chan's Big Bowl 7.99

Steaming bowl of shrimp, clear noodles, mushrooms, broccoli, carrots, bean sprouts, lime and cilantro.

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Albuquerque, New Mexico

FS2 4501 Juan Tabo NE

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SANDWICHES

Your choice of French fries, homemade potato salad, cole slaw or cup of soup.

Turkey Jack 7.99

Oven roasted turkey breast, green chile, hot house tomatoes, jack cheese on grilled sourdough.

Rancher's Melt 7.99

Sliced sirloin, green chile, hot house tomatoes, jack cheese, horseradish sauce on grilled sourdough.

Californian 7.99

Marinated Portabello mushroom, swiss cheese, avocado, hot house tomatoes, caramelized onions, and ranch dressing on grilled sourdough.

Lox Heaven (a la carte) 7.99

Our homemade lox, served with cream cheese, a fresh homemade bagel, hot house tomatoes, red onion, lettuce and capers.

Chicken Parmigiana (a la carte) 7.49

Batter dipped crispy chicken breast, smothered in homemade marinara and pecorino romano. Served open faced on a baguette.

Crab Cake Sandwich 8.99

Two homemade crispy seasoned crab cakes. Hot house tomatoes, lettuce and chipotle mayo on an egg braid.



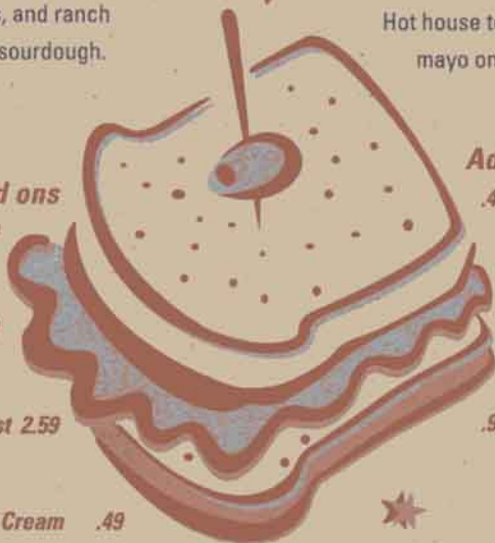
Add ons

Bacon 2.59

Avocado 1.29

Chicken Breast 2.59

Sour Cream .49



Add ons

.49 Cheese

.99 Chopped Green Chile

.99 Red or Green Chile Sauce



Grilled Chicken Breast 6.99

Fresh marinated chicken breast smothered with melted jack cheese, hot house tomatoes and chipotle mayo on a homemade egg bun.

Triple Decker Reuben 7.99

Corned beef, 1000 Island dressing, swiss and sauerkraut grilled on fresh rye.

Chicken Salad 7.49

Poached chicken salad with dill on homemade challah bread with lettuce and hot house tomatoes.

BYO (Build Your Own) 6.99

Garnished with hot house tomatoes, lettuce, mayo and stone ground mustard. Construct with:

Bread: Choose whole wheat, sour dough, or baguette.

Cheese: Choose cheddar, jack or swiss.

Meat: Choose turkey, or roast beef, or corned beef, or a veggie version with avocados and cucumber with ranch dressing.

Want bacon? Add \$1.00

DINING IN?

We have an excellent selection of beer and wine to compliment any meal.

YOU'RE NEVER FAR FROM A FLYING STAR!

BEYOND BURGERS

A burger is A) FRESH BEEF, B) TEMPEH (soy), C) PORTABELLO
Choice of fries, homemade potato salad, cole slaw
or cup of soup. Served with a deli pickle.

Hamburger Classic 6.49
add cheese .49

ABC Patty Melt 8.49
Avocado, smoked bacon and jack cheese
on grilled rye.

Tortillarilla Burger (a la carte) 7.49
Wrapped in a tortilla, smothered in red chile
and fries con queso.

New Mexico Burger 7.49
Green chile and melted cheddar cheese.

Sweet Onion, Mushrooms, Swiss 7.99

FRESH SALADS

All dressings made from scratch in our
kitchen: Ranch, Bleu Cheese, Caesar, Chinese,
Tomatillo Lime, Raspberry Vinaigrette,
or 1000 Island.

Saigon Salad 6.99
Delicate oriental noodles tossed in a light
peanut dressing (dressing contains fish sauce)
with fresh veggies.
add fresh chicken breast or crispy tofu 1.00

Chopped Cobb 7.99
Smoked bacon, turkey, avocado, bleu
cheese, eggs, tomatoes, greens with a light
vinaigrette.

Chinese 7.99
Homemade spicy sesame dressing, mixed
greens, carrots, wonton chips and your choice
of grilled, fresh, marinated chicken breast or
crispy tofu.

Chicken Caesar 7.99
Mixed lettuces tossed in our homemade
Caesar dressing and topped with a grilled,
fresh, marinated chicken breast, homemade
croutons and Pecorino Romano cheese.

Naked Caesar 5.59
Same salad, no chicken.

Great Garden 4.59

Little Greens 2.59

Soup & Garden Salad 6.99



Blue Cheese, Bacon, Swiss 8.49
The name says it all.

Tempeh Burger 7.49
Grilled soy patty with jack cheese,
caramelized onions, dill mayo and hot house
tomatoes, on a homemade whole grain bun.

LITE BITES

Today's Quiche a la carte 5.59
Made fresh daily from premium ingredients.
with a small green salad or cup of soup 6.99

Little Mac 4.59
A side portion of our famous mac & cheese.

Small Pasta Bowl 3.59
Tossed with butter and romano cheese.
marinara add 1.00

Small Burger 3.99
with fries 5.59

Grilled Cheese 3.99
with fries 5.59

Basket of Fries 2.59
Veggie Steamer 2.99

SOUP

Soup comes with our homemade dinner rolls.
Check our specials board or ask a counter
server for the soups of the day.

Cup	Bowl	Big Bowl
2.59	3.59	4.59



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Baked. Fresh. Daily. By Us. Since 1987.

FS4 4026 Rio Grande NW

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BREAKFAST PROPER

Choose whole wheat toast or any bagel with your egg breakfast. Breakfast is served from 6:30 AM - 11:00 AM DAILY! Brunch is served on Saturday & Sunday from 11:00 AM - 2 PM.

Build Your Own 3-Egg Omelet 6.99

With home fries and homemade whole wheat toast.

Choose any 3 of the following:

- cheddar-jack cheese • swiss cheese
- cream cheese • green chile • pico de gallo
- red or green onion • mushrooms • avocado
- sausage or bacon • roasted garlic

Machacado (Mah-Chah-KAH-Thoh) 7.99

A NM chopped breakfast casserole: Turkey sausage, bacon, eggs, black beans, cheddar-jack cheese, potatoes, onions and tomatoes. Choice of red or green chile.

Chilaquiles (Chee-Lah-KEE-Lehs) 6.99

Blue corn tortillas smothered with shredded beef, scrambled eggs, red chile & cheddar-jack cheese. Black beans served on the side.

Breakfast Burrito

Black beans, home fries, cheddar-jack cheese, scrambled eggs and your choice of red or green chile.

Really full 6.99

Half-full 4.99

Huevos Rancheros 6.99

Two eggs over medium with black beans, home fries, cheddar-jack cheese and red or green chile over a flour tortilla.

Graburrito #1 4.49

Scrambled eggs, cheddar-jack cheese and smoked bacon stuffed in a big tortilla.

Graburrito #2 3.99

A big flour tortilla stuffed with scrambled eggs, cheddar-jack cheese and your choice of red or green chile.

Fiesta Breakfast Sandwich 4.49

Our freshly baked fiesta muffin split and stuffed with scrambled eggs, cheddar-jack cheese and green chile.

Lox Heaven 7.99

Our homemade lox, served with cream cheese, a fresh homemade bagel, hot house tomatoes, red onion, lettuce and capers.

Seasonal Fresh Fruit Cup 2.99

Fruit & Yogurt Parfait 4.49

Hot Oatmeal 2.99

(with milk raisins & brown sugar)

Our Bakery's Fresh Granola 2.99

Homemade Blueberry Buttermilk

Pancakes (with butter & syrup)

2 Huge Pancakes 3.99

3 Huge Pancakes 4.99

Add fresh fruit side 1.49

Texas-Size French Toast

Thick slices of our challah bread dredged in egg batter, served with butter and syrup.

Not-so-short stack 3.99

Big-and-tall stack 4.99

Add fresh fruit side 1.49

Flying Star Ranch Breakfast 6.49

2 eggs any style, home fries, whole wheat toast and your choice of turkey green chile sausage patties or applewood smoked bacon or locally made chorizo.

Country Breakfast 4.29

2 eggs any style, home fries and whole wheat toast.

Tofu Scramble 4.29

Seasoned tofu served up country style with the works - home fries and whole wheat toast.

Flying Star
CAFE

BAKERY & BEYOND

The most fun you ever had with your mouth!

Slice Price:

Chocolate Mousse Cake 3.99

NY Strawberry Cheesecake 3.99

Carrot Cake 3.99

Chocolate Cream Pie 3.99

Varieties rotate.

Coconut Cream Pie 3.99

Key Lime Pie 3.99

Fresh All-Butter Fruit Pie 3.99

Apple, Strawberry Rhubarb, Cherry,
Peach Raspberry, Blackberry Apple Crumb.
Real whipped cream is always on the house.
a la mode 1.00

Heavenly Pecan Tart 2.99

Skyscraper Sundae 5.59

Real whipped cream, homemade hot fudge.

Mud Slide 6.99

Espresso Brownie 1.99

Fresh Fruit Tart 3.99

Crepe Brule 3.50

Giant Eclair 3.99



BEVERAGES

Single Grande

Iced Mango Tea (Refillable) 1.79

Lemonade 2.49

We make it.

The Red Stuff 2.49

Iced Java 3.49

Smooth as silk with a caffeine kick.

Fountain Sodas (Refillable) 1.79

Coke, Diet Coke, Root Beer, Sprite,
Dr. Pepper.

Extra Thick Shake 3.99

Vanilla, Chocolate, Coffee, Strawberry.

Java Freeze 3.99

Fresh Orange Juice 2.49

Milk 1.29

Skim or 2%.

Espresso 1.49 1.80

Caffe Latte 2.49 3.29

Cappuccino 2.49 2.99



TAKE THE CAKE!

Small serves 8. Medium serves 14. Large serves 20.

Tier One

- Maximum Fudge Density Small 8.99
- Carrot Cake Medium 13.99
- Large 29.99

Tier Two

- German Chocolate Small 12.99
- Chocolate Mousse Medium 21.99
- Raspberry Blackout Large 29.99

Tier Three

- NY Strawberry Cheesecake Small 14.99
- Tiramisu Medium 25.99
- Specialty Cakes Large 34.99

Fruit Pies

Serves 8-10. Choose from:

- Apple
- Cherry
- Blackberry Apple
- Strawberry Rhubarb
- Peach Raspberry



15.00

Cream Pies

Serves 10-12. Choose from:

- Keylime
- Coconut
- Chocolate (varieties rotate)

25.00

Grande Fresh Fruit Tart

Serves 12.

25.00

Inscriptions are
always free!
Call ahead or stop in...

Prices are subject to change without notice.

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CAFE